

Disaster Preparedness Evaluation

Evaluate how prepared you and your family are for a Long-Term Power Outage/Grid Failure

Preparedness Skills and Supplies	Level 1 Preparedness 1 week	Level 2 Preparedness 2 weeks	Level 3 Preparedness 2 months	Note – Describe how you have met the level you assess you are at and if there are any other actions you need to perform
1. Clean Drinking Water One gallon/person/day	X			Storing 21 gallons in basement for 3-person family. Rotating every 6 months. Life straw available.
2. Food Supplies Three meals (2000 cal ea.)/person/day				
3. Cook Food w/out electricity Propane, wood, solar, alcohol, etc.				
4. Heat section of home Propane Heater, woodstove, etc.				
5. Personal Hygiene Sponge Baths, Bathtub w/lugged water				
6. Human Waste Disposal Outhouse, Gravity Septic Field, 5 gal can				
7. Trash Disposal Recycle, Reduce, Reuse, Burn, Compost				
8. Kitchen Sanitation Chlorine solution to clean surfaces, able to heat water to wash dishes				
9. Medical Supplies 1 st Aid kit or EMS Jump Trauma Kit				
10. First Aid/Medical Skills First Aid/CPR/Stop the Bleed training				
11. Electrical Dependent Medical Devices Backup power or process in place				
12. Prescription Medicine Needs Long Term supply or alternatives				
13. Important Documents Secured Stored in fireproof, waterproof container				
14. Cash on Hand Secured in a personal safe				
15. Backup Power Equip & Supplies Generator, Fuel, Solar Batteries, etc				
16. Emergency Communications FRS/GMRS, CB, Amateur, Satellite				

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17. AM/FM Radio Battery, crank, solar				
18. Able to receive Alert & Warning WEA, EAS, NOAA, Sign up Alerts				
19. Nonpower Hand Tools				
20. Food Canning skills/equip/supplies Jars, lids, canners, instructions				
21. Gardening skills, equip, supplies Garden plot, tools, seeds, water, training				
22. Knot Tying Skills/References Instructions and rope				
23. Fire Building Skills Using matches or flint/steel				
24. Firearms skills, equip, supplies Firearm, ammo, cleaning kit, training				
25. Chainsaw skills, equip, supplies Chainsaw, files, gas, oil, chains, training				
26. Fire Extinguisher skills, equipment Fire Extinguishers, training				
27. Document & Insure Property Hardcopy list of all items and pictures				
28. Evacuation Plan Routes, destinations, paper maps, test				
29. Written Family Emergency Plan				